Have a Running Club?
Try Plogging!!
Picking up litter while jogging!
Green Up will supply small bags to take with you. Be sure to track your miles and we’ll share them.

Green Up will supply small bags to take with you. Be sure to track your miles and we’ll share them.

Other ways to get involved with Green Up. YOU can make a difference!

Request Green Up Bags and stickers for your classroom. Collect stats and photos when Greening Up and share them with us. We will promote you and your schools good work on our social media.

Have a Running Club? Try Plogging!! Picking up litter while jogging! Green Up will supply small bags to take with you. Be sure to track your miles and we’ll share them.

Mentor Program
High School Students
Designed to develop leadership skills while engaging students in civic volunteerism. Looks great on college apps and resumes.

$1,000 Scholarship Opportunity for Seniors Any senior who has participated in Green Up Day should apply for our Green Up Vermont scholarship. Visit vsac.org to apply.

2022 GUD STATISTICS

WATER BOTTLE RECYCLING
75% of all bottles and cans were recycled.

VEGETABLES
497 TONS! (4,000 boxes) delivered to help feed the hungry.

WASHINGTON
14,315 TIRES! (2,000 each) kept from the road.

Districts
19,141 Volunteers!

VEGETABLES
Green Up Vermont
2023 Green Up Day

Contest Time!

Hey, who wants to help the earth!

Hey, who wants to help the earth!

Why is Green Up Day so important?

The Armand Poulin Memorial POSTER ART Contest

Guidelines for submissions:

- Open to all students K-12
- Must include: GREEN UP DAY and relate to Vermont and litter clean-up
- Original free-hand work only
- Must NOT include brand names or logos
- Square dimensions only
- Attach student info to each submission
- All rights will belong to Green Up Vermont
- Entries will not be returned.

Writing Contest

Creative essays or poetry more your thing?

- Open to all students K-12
- What does Green Up Day mean to you?
- What environmental advice do you have?
- Why is it important to clean up our planet?
- Inspire other students to get involved
- Include student info for each submission
- Winning entry will be published on our website for promotion of Green Up Day
- Email submissions by March 1, 2023

Jingle Contest

For kids who like to move and groove!

- Open to all students K-12
- Work individually, small teams, or as a class
- 30 seconds audio track submitted in .mp3 or similar
- Write your own lyrics and use a generic music bed, instruments and sing it yourself.
- Send student/group info with each submission.
- Winning entry will be published on our website for promotion of Green Up Day.
- Winners will receive prizes based on group or individual submissions.

Poster Art Contest

Guidelines for submissions:

- Open to all students K-12
- Must include: GREEN UP DAY and relate to Vermont and litter clean-up
- Original free-hand work only
- Must NOT include brand names or logos
- Square dimensions only
- Attach student info to each submission
- All rights will belong to Green Up Vermont
- Entries will not be returned.

$150 Prize

$150 Prize

Writing Contest

Creative essays or poetry more your thing?

- Open to all students K-12
- What does Green Up Day mean to you?
- What environmental advice do you have?
- Why is it important to clean up our planet?
- Inspire other students to get involved
- Include student info for each submission
- Winning entry will be published on our website for promotion of Green Up Day
- Email submissions by March 1, 2023

Jingle Contest

For kids who like to move and groove!

- Open to all students K-12
- Work individually, small teams, or as a class
- 30 seconds audio track submitted in .mp3 or similar
- Write your own lyrics and use a generic music bed, instruments and sing it yourself.
- Send student/group info with each submission.
- Winning entry will be published on our website for promotion of Green Up Day.
- Winners will receive prizes based on group or individual submissions.

EMAIL TO:
greenup@greenupvermont.org

Mail Entries to:
Green Up Vermont
PO Box 1191
Montpelier, VT 05601-1191

Writing Deadline:
March 1, 2023

Video & Jingle Deadline:
April 1, 2023

Email to:
greenup@greenupvermont.org

Questions?
802-522-7245
greenup@greenupvermont.org

greenupvermont.org

Take pride in your community! Participate on Green Up Day, Sat., May 6, 2023

Email for details: greenup@greenupvermont.org

Here is the info we need for ALL category submissions.

School: ____________________________
Student’s Name: ___________________
Grade: ____________________________
Parent/Guardian’s Name: ____________
Phone or email: ____________________
Teacher’s Name: ____________________
Phone or email: ____________________

(Teachers, if confidentiality prevents you from entering student info please include your contact information.)