



**Green Up Day  
May 7, 2022**

**Mail entries to:**  
Green Up Vermont  
PO Box 1191  
Montpelier, VT  
05601-1191

**Artwork Deadline:**  
Received at  
Green Up Vermont by  
**February 1, 2022**

**Poem or Essay  
Deadline:**  
Received by  
Green Up Vermont  
by **March 1, 2022**

**Email Video or Jingle  
entries emailed to  
Green Up Vermont by  
**April 1, 2022****

**Questions?**  
Call us at 802-522-7245  
or email [greenup@greenupvermont.org](mailto:greenup@greenupvermont.org)

501(c)(3) non-profit  
[greenupvermont.org](http://greenupvermont.org)

## 2022 Green Up Day - Poster Art, Writing, Video and Jingle Contests - Hooray!

Green Up Vermont celebrates taking pride in healthy, clean environments and encourages our youth to participate in giving back to the planet and their communities. We invite you and your students to enjoy these activities as you think about how you can make a difference in our environment.

### The Armand Poulin Memorial Green Up Day POSTER ART Contest

Guidelines for ART submissions:

- Open to all students K-12
- Must include the words: GREEN UP VERMONT and relate to Vermont and litter clean-up
- Original free-hand work only
- Must NOT include brand names or logos
- Square orientation only (see template page 2)
- Attach student info to each submission
- All rights for use will belong to Green Up Vermont
- Entries will not be returned.

Winning entry will be used for the posters and promotion of Green Up Day.

**Winner will receive \$150**



### Green Up Day WRITING Contest

Creative Essays or Poetry more your thing?

- Open to all students K-12
- What does Green Up Day mean to you?
- What advice do you have for your readers about our environment?
- How would you inspire other students to get involved?
- Include student info for each submission.

Winning entry will be published on our website for promotion of Green Up Day.

**Winner will receive \$150**



2021 winning entry by  
Casey Kendall, grade 4

### Green Up Day VIDEO Contest

For digitally tech savvy students!

- Open to all students K-12 to write and produce
- Work individually, in small teams, or make it a classroom effort
- :60 video submitted in .mov, .mp4 or similar format via email
- Why is Green Up is so important to our planet?
- Make a "commercial" to get people to participate in GUD.
- Include student/class/group info with each submission.

Winning entry will be published on our website and on social media for promotion of Green Up Day.

**The winners will receive prizes based on group or individual submissions.**



2021 Winners - Websterville Christian Academy

### Green Up Day JINGLE Contest

For kids who like to move and groove!

- Open to all students K-12 to write and produce
- Work individually, in small teams, or make it a classroom effort
- :30 audio track submitted in .mp3 or similar format via email
- Use a generic music bed or instruments and sing it yourself.
- BONUS: make a TikTok video of your jingle for Green Up to release
- Include student/class/group info with each submission.

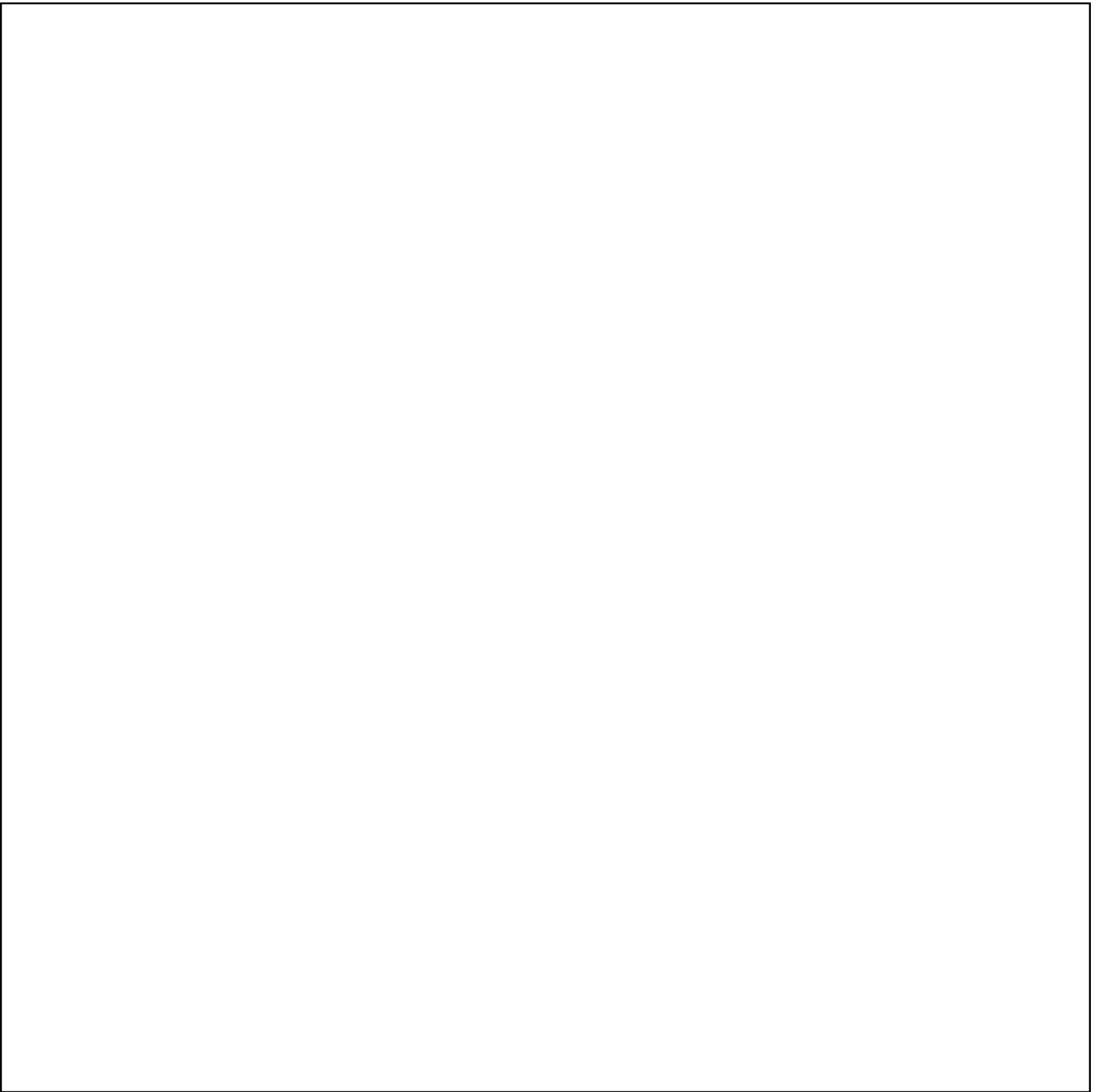
Winning entry will be published on our website and on social media for promotion of Green Up Day.

**The winners will receive prizes based on group or individual submissions.**



2021 Winners - 4th Graders at  
Champlain Valley Elementary

**Take pride in your neighborhood! Green Up Day, Sat., May 7, 2022**



**Print at actual size to use as a template. Keep design within the box shown or use a square format on other paper.**



School: \_\_\_\_\_ Town: \_\_\_\_\_

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Teacher's Name \_\_\_\_\_ Phone: \_\_\_\_\_

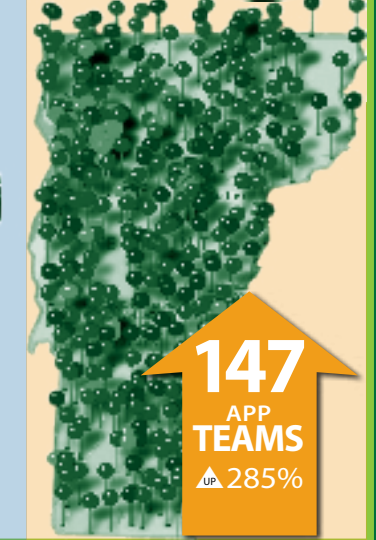
Email: \_\_\_\_\_

(Teachers, if school confidentiality prevents you from entering student info please be sure to include your contact information.)

**Artwork should include the words Green Up Vermont • Deadline: Feb. 1, 2022**



# A few reasons why Green Up Day is SO important!



## 2021 Green Up Day Stats

Have fun with some math: 16,250 tires = how many cars worth? 22,000 volunteers = what % of the population? 418.7 tons = how many truck loads?

## Scary Stats on Plastics

**Before you open that plastic bottle of water or other beverage, take a look at what is happening!**

- **1,000** people open a bottle of water **every second** of the day in the U.S.
- The **average person** uses **156** plastic bottles **per year**.
- A water bottle **25% full** is the amount of **oil it takes** to produce the bottle.
- **60 million** plastic water bottles are discarded **every day** in America.
- It can take **300 years** for a plastic bottle to fragment, and it still **never disappears**.
- **91%** of the world's plastic bottles are **NOT recycled**.
- **25 million TONS** of plastic ends up in our oceans every year.
- By **2030** we will be pouring the equivalent of **2 garbage trucks of plastic** into the ocean **every minute**, and **4 per minute** if the planet reaches **2050**.

## We can do something to change this!

**The main solution to water bottle pollution is to reduce our use of plastic. Here's how:**

Use reusable water bottles. Make sure you recycle. Be an influencer and raise awareness by telling friends and family about the impact of plastic.

**Together we can make a difference.**

## Get Involved with Green Up



**Request Green Up Bags** and stickers for your classroom and collect stats when Greening Up. Share them with me, along with photos and we will promote your good work on our social media channels.



### Have a Running Club? Try Plogging!!

It's the practice of picking up litter while jogging and is great for the well-being of you and the planet. Green Up will supply small bags to take with you and when you see a piece of litter do a stretch and pick it up. We will share your miles and accomplishments.



### Mentor Program for High Schoolers

Designed to develop leadership skills while engaging students in civic volunteerism and our environment, students are paired with the GUD volunteer town coordinator to help plan their town's Green Up Day.



### \$1,000 Scholarship Opportunity for Seniors

Any senior who has participated in Green Up Day should apply for our Green Up Vermont scholarship. Visit vsac.org for application and info.

**K-3 Level Activity Books | Green Teams | Good Citizen Challenge**

**Email for more details on all programs**  
[greenup@greenupvermont.org](mailto:greenup@greenupvermont.org)